

cardiovascular diseases whereas reduced reactivity is an indicator of fitness. Therefore a reduction in exercise-induced stress on cardiovascular system by yoga training has physiological significance as well as clinical applications.

## ACKNOWLEDGEMENTS

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## CORRIGENDUM

*Letter to the Editor*: "Effect of six weeks of Shavasana training on spectral measures of short-term heart rate variability in young healthy volunteers." Volume 48: 3; line 8, 2004:

- (1) Page 371, Column 2, para 3, line 8, please read  $P = 0.23$  instead of  $P = 0.023$ .
- (2) Page 371, Column 2, para 3, line 11, please read  $P = 0.35$  instead of  $P = 0.035$ .